

<u>Happy New Year</u>

Exercise to be healthy Give one compliment a day Do random acts of kindness Read more books

Volunteer

Drink more water Call a friend instead of texting Keep a journal Go for walks Avoid negativity Turn off your phone Start a new hobby Talk less, listen more

Spend more time with family

Less time on social media

Be creative

Go green, recycle Create a daily gratitude log Go to bed happy Make friends, not enemies

Our current daily attendance is 83%. We are striving to reach 92%.

Facts provided by the U.S. Department of Education

*When children are absent from school, they miss out on consistent instruction that is needed to develop basic skills.

*Children who have learning and thinking differences can be especially vulnerable to the impact of absenteeism because missing school reduces opportunities for any interventions that might be necessary.

*Poor attendance can also have a negative effect on social and emotional development.

*Excessive absences are also associated with lower scores on standardized tests, which typically assess primary skills and concepts.

School attendance is a powerful predictor of student outcomes. In fact, irregular attendance can be a better predictor of whether students will drop out of school before graduation than test scores, according to the US Department of Education.

ANNOUNCEMENTS

• The #1 way to stay in touch with teachers and school info is to be connected to Seesaw and follow us on Facebook.



Lunsford Strong PTSA "Pancake Breakfast"

Saturday, January 21st

10:00–12:30 pm @ #19 School Community Room

Come be a part of our LUNSFORD STRONG FAMILY



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CHECK OUT OUR VIRTUAL PARENT RESOURCE CENTER AT TO WWW.RCSDK12.ORG/19